



ICSP2020
BALI, INDONESIA
19TH - 21ST OF MARCH 2020

5th Annual International Conference on Spirituality and Psychology [ICSP 2020]

19th - 21st of March 2020, Bali, Indonesia

The Patra Bali Resort & Villas

5th International Conference on Spirituality and Psychology [ICSP2020] is a three-day program, unlike most academic conferences. It brings together scholars, advanced students, NGO and government representatives as well as experienced professionals willing to learn and share about the topics related to spirituality and psychology. It is open to all of those interested in gaining new knowledge as well as those who want to share their own research, achievements and experience.

Being fully aware of just how the comprehensive understanding of this matter is important for successful and continuous development of every individual, organization and society as a whole, we have designed an event that will address the issues that we all have to face in transforming our ideas into workable, innovative and progressive projects. In order to achieve that, this 3 days event will include both exciting panel discussions and networking activities for educators, professionals and policy makers of all ages from across the globe, offering one of the kind learning and networking platform for prominent leaders in the field.

Dates

5th Annual International Conference on Spirituality and Psychology [ICSP2020] will take place from 19th – 21st of March 2020. All participants should arrive to “The Patra Bali Resort & Villas” on or before March 19th, 2 pm, and are expected to be in attendance during the entire Conference.

Location

ICSP 2020 will be held in Bali, Indonesia. All sessions will take place in “The Patra Bali Resort & Villas” conveniently located and easily accessible from The Bali International Airport (DPS).

The Patra Bali Resort & Villas

Jl.Ir. H. Juanda South Kuta Beach Kuta, Tuban, Kuta, Badung Regency,
Bali 80361, Indonesia

Sessions time table

ICSP 2020 will officially start on Thursday, March 19th 2020 at 2 pm and will end on Saturday, March 21st 2020 afternoon, hence be sure not to make departure arrangements before March 21st late afternoon.

Optional workshop: **“Rock to Recovery: Experience the Powerful Healing of Playing in a Band”**, March 21st 2020, conducted by Constance Scharff, Phd and Wesley Geer. Further information is available bellow.

Optional workshop: **“Core Energetics: Dislodging Emotion Trapped in the Body”**, March 21st 2020, conducted by Brandon Parkhurst, CCEP. Further information is available bellow.

The final Conference agenda will be available in February 2020 after the list of accepted papers and registered authors has been finalized and admission process closed.





ICSP 2020 Scientific Committee

Dr. Venkataramanan Krishnamurthy, Bhaktivedanta Hospital & Research Institute, India

Dr. Khalid Bazaid, Royal Ottawa Mental Health Centre/University of Ottawa, Canada

Dr. Margaret Trey, Xavier University of Louisiana/ The Beauty of Life, Inc., USA

Dr. Mahesh Bhatt, VIBHA (Uttarakhand), India

Dr. Michael Ireland, University of Southern Queensland, Australia

Dr. Ritu Singh, G.B. Pant University of Agriculture and Technology, India

Final Paper Submission - for presenters only

Please note that abstracts/ papers submitted with application are NOT automatically considered for publication. If you want your abstract/ paper published in the official conference proceedings publication (paper publication is NOT mandatory), please note that final submission is due February 10th 2020 in MS Word format, emailed to:

icsp@tomorrowpeople.org in the following formatting:

- A4 size paper;
- Margins 1" on the top, bottom, left and right side;
- Single line spacing;
- Fonts:
- Title- Times New Roman 14 bold;
- Subtitles- Times New Roman 12 bold;
- Text- Times New Roman 12
- Justify formatting;
- Author/s' name/s and affiliation under title;
- Abstract of maximum 200 words on first page (under author/s' name/s)
- Full paper starting from the second page.

Presentations

Oral presentations: Presenters are allocated a time slot for their presentation within an appropriate panel. If the presentation includes power point, video or/ and audio files, all materials are to be uploaded to the conference computer in the venue, prior to the session.

Poster presentations: Presenters are responsible for designing and printing the posters in the A1 vertical format (59.4cm x 84.1cm). Posters should be handed to the staff at registration desk prior to the scheduled poster session.

Remote presentations: Authors who present their papers remotely, either as a video (10 minutes) or poster presentation, and who do not physically attend the conference.

Registration

Please note that your space in the conference is guaranteed only until the deadline stated the acceptance letter or once the registration for the conference is completed. If the registration is not completed timely, the spot may be released and offered to another waiting listed applicant, as space in the conference is limited. In order to secure your spot in the conference it is required to complete registration arrangements by sending completed Participant information sheet (sent with notification of admission to the conference) and making the payment of applicable admission fee as per received invoice.



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Costs

Admission fee includes: admission to all sessions, presentation of submitted papers (presenters/ co-presenters), discussions, conference supplies and materials, copy of the official Conference proceedings, coffee and lunch breaks during the Conference and a certificate issued by Tomorrow People Organization.

The Conference fee does NOT include accommodation and airfare.

ICSP 2020 Keynote speakers

Birgitta Gregory, PhD: is the author of *Get Your Relationships Right: Inside and Out*. She is an international speaker specializing in the integration of the role of quantum physics in dealing with resistance and accountability with couples and organizations using principles from the Ericksonian resistance protocol. Clients have included; American Express, National Health Law, and Promises Treatment Center. She has been a co-presenter at several Ericksonian conferences throughout United States, including having been an invited faculty member at the Evolution of Psychotherapy Conference presenting on the Role of Quantum Physics in the Transformation of Consciousness. Other conferences include; The International Conference on Quantum Mechanics and Quantum Consciousness in India; International Conference on Spirituality and Psychology in Thailand; The Asian Conference on Psychology & Behavioral Sciences in Japan. Dr. Gregory has been a co-leader at the Esalen Institute in Big Sur.

Dr. Gregory was a professor at Ryokan College in Los Angeles, California for ten years teaching classes in Narcissism, Parenting and Step Parenting and Effective Communication.

Dr. Gregory works with individuals, couples and organizations, focusing on: communication, raising consciousness and spiritual awareness, developing skill sets and effective strategies to reduce victim dynamics leading to empowerment in personal and business relationships.

Bruce Gregory, Ph.D.: has been a practicing therapist for 46 years, and a corporate behavioral specialist for 40 years working with organizations which have included American Express, Travelers Insurance, Promises and Cliffside treatment centers. His corporate work has focused on team building, leadership training, crisis intervention, communication skills building, and the transformation of resistance. He was the Director of the Masters Program in Clinical Psychology at Ryokan College in Los Angeles for twenty five years. He has presented workshops for the Erickson Foundation for over twenty years focusing on the integration of Mind-Body Hypnotherapy with other psychological approaches, Tai Chi, Mathematics, Physics, Classical Music Composition theory, and Tibetan Buddhism. He was a faculty member at the Evolution of Psychotherapy Conference presenting on the role of Quantum Physics in the Transformation of Consciousness and a workshop presenter for the International Conference on Quantum Mechanics and Quantum Consciousness.

He has written numerous professional articles on the integration of Mind-Body hypnotherapy with Tai Chi, Mathematics, Physics and Tibetan Buddhism which focus on the transformation of resistance and the utilization and enhancement of spiritual principles and experiences. He has been a workshop leader for Esalen Institute in Big Sur, California presenting workshops on leadership development, the transformation of grief, and the core self.

Laura Reid: The poet Rumi proclaimed that “what you seek is seeking you,” a belief that Laura holds true. As she seeks out new stories to be told, she trusts that those stories are also seeking her. With a background in education and international diplomacy, Laura served as a Peace Corps Volunteer in Zimbabwe where she taught English and worked with the community to open the village’s first library. Upon returning to the United States, she worked closely with ambassadors and leaders from around the world, developing and overseeing international





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exchange programs in Washington DC. Always drawn to teaching, Laura went on to earn a Masters in Education and to design, build and own a one-room Montessori schoolhouse in Upstate New York. The schoolhouse received multiple awards in sustainability and was a zero-waste school, the first of its kind in her community. During this time, Laura began to enter storytelling competitions and became a multi-winner and one-time champion.

Her love of storytelling and education, combined with her adventurous and entrepreneurial spirit, brought her to the Big Island of Hawaii, where she founded Storyforth. Storyforth is devoted to teaching professionals and leaders how to use the power of storytelling as a catalyst for growth and to connect on a deeper level with those they serve. Laura is also an inspirational speaker, certified life coach, photographer and writer. She has spoken internationally and led master classes and workshops on the topic of storytelling. Laura launched an online school, Speakeasy, where self-paced courses are available to help people overcome fear of public speaking. She is inspired daily by the stories that have found her and that she is helping others create and release into the world!

Workshops

Rock to Recovery: Experience the Powerful Healing of Playing in a Band

Key Words: Music, Neuroscience, Addiction Treatment, Trauma Recovery

One of the challenges facing mental health professionals is getting people to stay in treatment for sufficient time for the treatment to have an impact. To attain positive treatment outcomes, professionals can include complementary therapies in treatment protocols. Rock to Recovery is a music program that has proven results motivating individuals to stay in treatment and engage in their recovery process more fully. How? Rock to Recovery harnesses the power of playing music and singing. By engaging in group process writing a song, performing it, and uploading it to the web as a touchstone and reminder of a positive experience, Rock to Recovery participants, **mostly non-musicians**, are able to reap the neurological benefits of playing music. This is an interactive session, in which participants will have the opportunity to participate in the rockstar songwriting process.

By the end of the session, the participant will be able to:

1. Identify how music has positive short-term effects on mood and attitude.
2. Detail the ways in which music programs can keep people in treatment for mental health concerns and motivate them to participate more fully in their recovery.
3. Engage with music in new ways to use music to promote health and healing.
4. Use musical performance to change personal perception of life's challenges.

The optional 2 hours workshop will be conducted on 21st of March 2020, in the afternoon after the last conference session and additional 30 USD charge applies. **Space is available for 30 pax only and is offered on first come first served basis.** Registration is required in advance and interested delegates may confirm their interest in the participant information sheet.

Workshop Leader Bios:

Wesley Geer has been a professional musician for over 20 years. He first gained success as the founding member of Jive Records artists Hed P.E. and later as touring guitarist with the legendary band Korn. After completing his career as a touring musician, Wes founded Rock to Recovery, an innovative music program that harnesses the healing energy of music through songwriting, playing as a band, and





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recording. Rock to Recovery provides more than 400 sessions each month in 100+ facilities in California, Oregon, and Tennessee, as well as nationally through a contract with the Department of Defense working with the Air Force Wounded Warrior (AFW2) program. The Rock to Recovery program administrators are rockstars who use the Rock to Recovery program to help non-musicians enjoy and benefit from the healing power of playing music and singing.

Constance Scharff, PhD is an internationally recognized speaker and author on the topics of addiction recovery and mental health. She currently serves Rock to Recovery, a music-based addiction and trauma treatment program, as Science and Research Chair on their board of directors and VP Business Development. Previously, she was Senior Addiction Research Fellow and Director of Addiction Research for a luxury addiction treatment center based in Malibu, California. Her research centers around using complementary health and contemplative practices to improve treatment outcomes among addicts and the mentally ill. Dr. Scharff is coauthor of the Amazon.com best-selling book, *Ending Addiction for Good* and the award-winning poetry book *Meeting God at Midnight*. She regularly travels the world speaking, teaching and advocating for compassionate health practices that destigmatize mental health problems.

Core Energetics: Dislodging Emotion Trapped in the Body

Key Words: Core Energetics, Somatic Therapy, Addiction Treatment, Trauma Recovery, Neo-Reichian therapy, Breathwork

Neo-Reichian and other somatic theories suggest that trauma and emotions get trapped in the body, causing the blockage of energetic pathways (similar to principles of qi in Traditional Chinese Medicine or Ayurvedic prana). This energetic dysfunction can have profound psychospiritual repercussions. Breathwork and somatic processing can be used to treat trauma, addiction, depression, and anxiety, and aid in improving emotional well-being. This process is especially well-suited for clients with profound or persistent dissociation, expressed in talk therapy. In this session, participants will learn about somatic processing, particularly Core Energetics, and in a group, engage in the use of holotropic breathwork.

By the end of the session, the participant will be able to:

1. Define higher self, lower self, and mask concepts.
2. Detail the ways in which holotropic and other kinds of breathwork connect mind and body and clear energetic pathways.
3. Use breathwork to improve perspective on life's difficulties.

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Brandon Parkhurst, CCE: led a rock and roll lifestyle. His career peaked when his band Kut U Up opened for Green Day and Blink 182 on a major American tour, about which a documentary called *Riding In Vans With Boys*, was made. When the rock star lifestyle, and the substance abuse that often goes along with it became unmanageable, Parkhurst was introduced to Core Energetics, a neo-Reichian somatic therapy. This therapy had a profound impact on Parkhurst. After doing his own work, Parkhurst became a Certified Core Energetics Practitioner and began using Core Energetics and holotropic breathwork in workshops, retreats and with individual clients. Parkhurst works with adults of all demographics and in a variety of treatment settings, from residential mental health facilities to private corporate workshops and luxury retreats.

ICSP 2020 *exclusive offers*

Accommodation

Price of the conference does NOT include accommodation. However, if you want us to arrange accommodation for you during your stay in Bali, we can offer you rooms in "The Patra Bali Resort & Villas", at special discounted rate that applies for our participants. This is a quality five star conveniently hotel located, 10 minutes from the airport, on the private beach. All rooms are equipped with private bath, AC, telephone and TV.

ICSP 2020 participants are entitled to special discounted rates as follows:

Deluxe room: 80 EUR per room per night, single or double, with breakfast, tax and WiFi included.

Deluxe suite: 120 EUR per room per night, single or double, with breakfast, tax and WiFi included.

If you want us to book a room for you, please specify the dates of your stay in the hotel in participant information sheet (attached as a separate document and sent along with acceptance to the conference), once your flight itinerary has been finalized. Discounted rates apply for the entire period of your stay in the hotel, and may include dates before and after the conference as well. Complementary roundtrip airport transfers are provided for bookings made with the Tomorrow People.

Please, note that this rates apply only for bookings made with Tomorrow People.

Alternatively, participants are also welcome to arrange accommodation on their own, in any other hotel, as per their preference and budget.

Travel partner

oneworld® is pleased to be the official airline alliance of the **ICSP 2020**.



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As a registered delegate you may access discounted flights directly online at: <http://events.oneworld.com/travel/web/home?meetingcode=OW69A19>



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Benefits:

- Discounts on flights for attendees and one travel companion.
- Travel up to seven days before and seven days after the event.
- Flights available from all oneworld member airlines and affiliates.
- Enjoy a user-friendly booking tool showing the most convenient flight options.
- 24-hour support via email or phone.
- Earn rewards and tier status points on eligible oneworld flights.
- Frequent flyer privileges including access to some 650 premium airport lounges worldwide, fast track at security lanes in selected airports and extra baggage allowance.*
- Seamless connections and quality service on oneworld member airlines.

Other Important Information

Registration: Notification on acceptance, does not guarantee a spot in the conference unless registration arrangements are completed until the date specified in the acceptance letter and invoice. If the registration arrangements are not completed by specified deadline, we reserve the right to release a spot and offer it to another waiting listed applicant.

Correspondence: In all written correspondence, please include your full name as indicated in your application and acceptance documents in order to avoid a delay in getting assistance. Admitted applicants are expected to confirm receipt of the notification of acceptance to the conference and clarify their position by the deadline stated in the letter of acceptance and the invoice. If, for any reason, you are unable to attend the conference or are in a need of an extension of a deadline for clarification of your position in the conference, as a matter of courtesy, please do confirm with us as well so that we could release the spot timely and offer equal opportunity to waiting listed applicant.

Passport: Valid passport is required to enter the Republic of Indonesia. If you do not have a passport, please apply for one immediately.

Visa: Participants from most countries do not need a visa to enter Republic of Indonesia if their stay is not longer than 30 days. However, please double-check your visa requirements with the nearest Indonesian embassy, consulate, or representative office. If you require a visa, please let us know so that we could provide necessary visa assistance.

Late and onsite payments: Please, note that early bird registration fee applies for the payments made until the specified date. For payments made after the deadline stated in the acceptance letter, the regular admission fee will apply.

Onsite registration is available for observers only and is subject to availability of spots, which are offered on the first come first served basis. We cannot guarantee the availability of spots for applicants who have not secured their spot in advance, hence if you are planning on registering for the conference onsite, we strongly encourage you to contact us by email to check on the availability of spots.

Accompanying persons: Please, note that only registered delegates are admitted in the meeting room and conference area.

Student observers: Full time students attending the conference as observers should submit the proof of their full time student status in order to avail on student registration fee. This can be a scanned copy of the student card, or a letter from their university scanned and emailed to: contact@tomorrowpeople.org.





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Insurance: Although the cost of medical care in Indonesia is not expensive, we strongly recommend having an international recognized medical insurance that can be purchased at your local travel agent.

Outside Funding: A number of our participants receive some sort of funding from their home university. If you are studying or working at the university, please check if they have funds to support attendance of international conferences. If you are employed, check with your organization whether they could sponsor your participation. You may also want to contact local service organizations.

